



Living a Life of Thanksgiving

24.11.19

Philippians 4:6-7 (NKJV)

⁶Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

The Bible tells us how we are to be thankful, and how this is an attribute of someone who has Christ in their hearts. We should give thanks in all things, and at all times to God the Father through Christ Jesus. He has given us all we have and saved us from our sin. Giving thanks is the least we can do! Be encouraged by the Scripture on why we should give thanks and how to express our gratitude.

You know, the Bible talks a lot about why it is important to be thankful. God wants us to live with joy, and to be content with the things that we have in our lives. This also keeps us from wanting things that we don't have or that we don't need and teaches us to appreciate the blessings He has given us.

What are the things you are thankful for?

Let's go into some biblical principles and learn about gratitude

1. A Thanksgiving lifestyle is God's desire for us as His creation

- God wants us always to have gratitude in our hearts
- A complaining attitude extinguishes the Holy Spirit inside us

1 Thessalonians 5:16-19 (NKJV)

¹⁶Rejoice always, ¹⁷pray without ceasing, ¹⁸in everything give thanks; for this is the will of God in Christ Jesus for you. ¹⁹Do not quench the Spirit.

2. A Thanksgiving Mind-set is spreadable when lived intensively

- Your whole model can affect people's lives, leading into change
- Paul always exhorts us to be an example in words and attitude

Colossians 3:16-17 (NKJV)

¹⁶Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord. ¹⁷And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him.

3. Thanksgiving opens the doors of God's Grace and Favour

- The more we worship Him the more we receive His Benefits
- Our gratitude cannot be based only on temporary things, but much more in eternal values.

Psalms 100:4 (NKJV)

Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him and bless His name.